

# Season 2, Episode 8: Sports Day



**The WNET Group** | Media Made Possible by All of You

Join head counselor Zach to play mini-golf, mini-football, and mini-bowling! Make a racer from cups, learn to steal a base, meet kangaroos and rhinos. Content partners include America’s Test Kitchen Kids, Children’s Museum of the Arts, Memphis Zoo, OK Go, One Voice Children’s Choir, San Diego Zoo, S’More Ideas, Story Pirates.

## Activity Guide

Sports Day Pennant .....	1
Cup Racer .....	2-4
Light Portrait .....	5
Bowl for the Goal .....	6-7
Itty-Bitty Goal Game .....	8-9

## ***PARTICIPATE!***

We’ve got spirit, yes we do! We’ve got spirit, how about you? Use the pennant template on the next page to cheer for “Sports Day” on *Camp TV*!

*Camp TV* is a production of The WNET Group.

Major funding for *Camp TV* is provided by the Corporation for Public Broadcasting. Additional funding is provided by The Peter G. Peterson and Joan Ganz Cooney Fund and the Pine Tree Foundation of New York.



## Sports Day Pennant

1. Print the pennant template.
2. Decorate your pennant.
3. Cut out the pennant using safety scissors.
4. Wrap the shaded section around a pencil or wooden dowel.
5. Secure with glue or tape.
6. Cheer while you watch “Sports Day” on *Camp TV*!





## Cup Racer

### *Materials List:*

- cups with lids
- scissors
- rubber bands
- paperclips
- push pin
- 2 small squares of cardboard (1in. x 1in.)
- hex nut
- bead
- tape
- marker
- pencil
- straw

**\*This activity should be done with the help of a trusted adult\***

### ***Instructions:***

**1. Mark the center on the bottom of both cups with a marker. Then, use a push pin to create a small hole in the center of the cups.**



**2. Use the pushpin to create small holes in the center of 2 small pieces of cardboard. Then, use a pencil to make the holes in the cardboard bigger.**





3. Try using a pencil to make the holes in the cups bigger. If the pencil doesn't work, ask an adult to help you make bigger holes in the cups using scissors. The holes should be big enough for rubber bands to fit through.



4. Stack the cups end to end, making sure that the holes line up. Use a long piece of tape to secure the cups together.



5. Take 2 rubber bands. Lay one underneath the other, fold it through itself, and pull it back out, creating a chain.



6. String the rubber band through a cup lid, the hole in a piece of cardboard, and a paperclip. Pull tight.



**7. Use a pencil to push the loose end of the rubber band through the hole between the cups. Grab the end of the rubber band from the other side.**



**8. Push the rubber band through the second lid and the other piece of the cardboard. Then, string the rubber band through the hex nut and a bead so that the straw will sit past the lip of the cup.**



**9. Finally, string the straw through the loop of the rubber band.**



**10. Spin the straw to twist the rubber band. Set your car down on a flat surface and let it go!**



Activity courtesy of Think TV / Mr. C

<https://www.camptv.org>



## Light Portraits

### Materials List:

- colored paper
- pencils
- drawing materials – markers, colored pencils, etc.
- safety scissors
- glue

### Instructions:

**1. Begin with a self-portrait. You can draw, cut out pictures from magazines, or use a photograph of yourself. Be sure to make your image is small so it can fit on the page with lots of extra space.**



**2. Once your self-portrait is complete, add your “light.” Use strips of colored paper to create a burst. Glue the strips to the paper. Cut the off the extra that falls off the page.**



**4. Cut out your self-portrait and glue it on top of the colored lines. Display your light portrait for everyone to see!**





## Bowl for the Goal

### Materials List:

- 10 empty cans or bottles – *make sure they are empty and clean*
- tape
- pen
- ball
- something to keep track of your score – *paper and pencil*

**1. Use masking tape and markers to mark pins worth different amounts of points:**

**3 “pins” – 5 Points**

**5 “pins” – 10 points**

**2 “pins” – 100 points**



**2. Arrange your “pins” in a triangle shape. You can try different configurations as you play.**



**3. Use piece of tape to mark a line you must stay behind when you throw the ball. Roll the ball along the floor to try and knock down as many “pins” as you can.**



**4. Count your points for every “pin” that you knock down. Add up all your points to find your total score!**







## Itty-Bitty Goal Game

### *Materials List:*

- green and brown construction paper
- chalk
- ruler
- craft sticks
- mini clothes pins
- gray paint
- paint brush
- glue

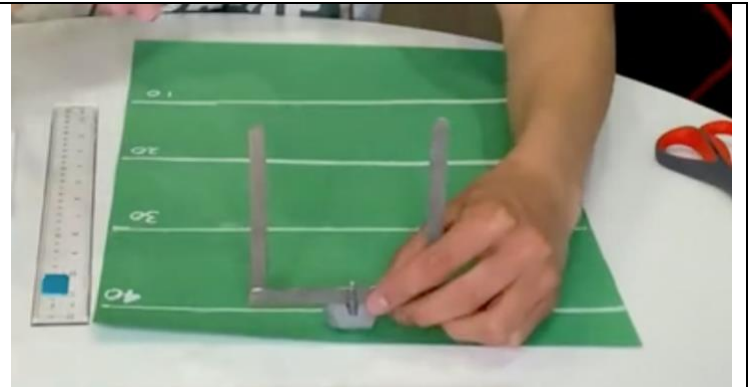
**1. Paint 3 craft sticks and 1 clothes pin gray. Once they are dry, glue them together to create the top of the goal post and clip to the clothes pin.**



**2. Next, using a ruler and chalk draw 10-yard lines from 10 - 40 on the green construction paper.**



**3. Set up the goal post in the end zone. The clothes pin should be able to stand on its own, but a small piece of clay can be used for reinforcement, if needed.**



**4. Crumple a small piece of brown construction paper for a ball. Have fun trying to flick it through the goal post for a field goal.**

