

# Season 2, Episode 19: Favorite T-Shirt Day



Join head counselor Zach to decorate a t-shirt, turn an old one into yarn & make a friendship bracelet! Meet a sloth and a tarantula, sing about cells, make a secret picture, design a repeating pattern. Content partners include Cooper Hewitt Museum, One Voice Children’s Choir, Memphis Zoo, National Dance Institute, San Diego Zoo, S’More Ideas, ThinkTV.



## Activity Guide

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### ***PARTICIPATE!***

Do you have a favorite t-shirt? Be sure to wear it while you watch “Favorite T-Shirt Day” on Camp TV!

*Camp TV* is a production of The WNET Group.

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## Design a Repeating Pattern

### Materials List:

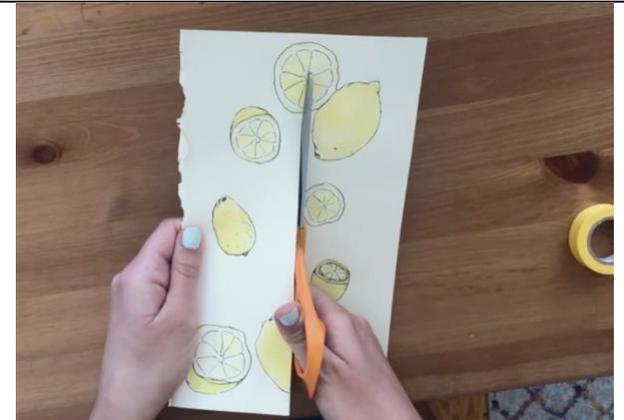
- a sheet of white or light colored paper
- pen or pencil
- something to add color – *paint, markers, crayons etc.*
- *tape*
- *safety scissors*

### Instructions:

**1. Draw your initial pattern and add color until your drawing is complete. You may want to choose an object for inspiration.**



**2. Use scissors to cut your drawing in half-length wise.**



**3. Switch the 2 sides so that the right side is now on the left. Use tape to attach the two pieces on the back side.**





**3. Make another cut, cutting the paper in half length wise.**



**4. Again switch the pieces so the piece that was on the right is now on the left. Tape the pieces together in this new configuration.**



**5. After putting these pieces together you'll likely have an empty space in the center of your page. Fill this in with drawing similar to your initial design.**



Activity courtesy of Cooper Hewitt, Smithsonian Design Museum

<https://www.camptv.org>



## Upcycled Friendship Bracelet

### Materials List:

- old t-shirt – *be sure to get permission from an adult to cut up and use*
- scissors
- tape

**\*This activity should be done with the help of a trusted adult\***

### Instructions:

**1. Begin by cutting an old t-shirt into 3 strips.**



**2. Pull the strips so they stretch and the edges start to curl in.**



**3. Tie at least 3 pieces together, leaving enough space on the end to tie your bracelet when you are done. Then, tape it down on the table.**



**4. Cross the right section over the middle section. Then cross the left section over the new middle section.**



**5. Continue braiding right and left sides, pulling tight as you go.**



**6. When you are done braiding, tie the end together and then tie both ends together around your wrist. Cut off any excess.**





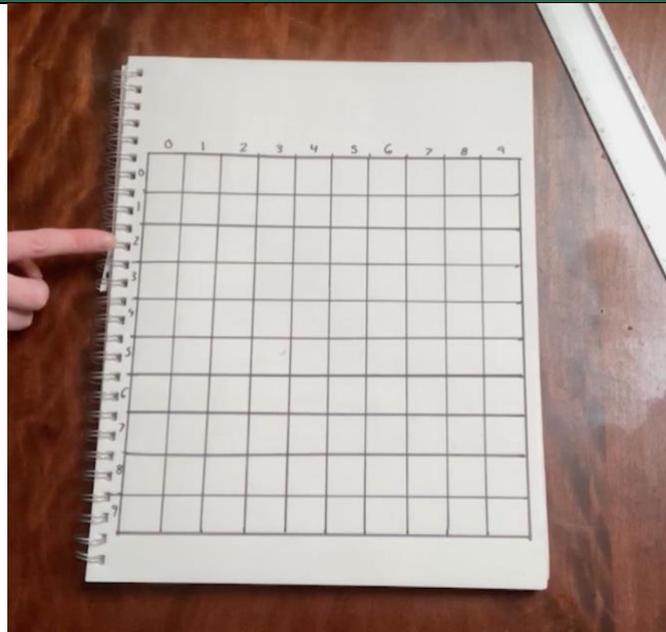
## Secret Picture

### Materials List:

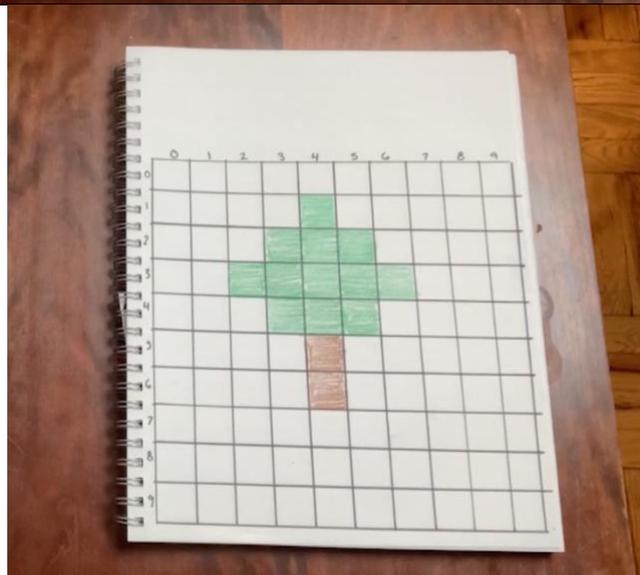
- crayons or markers
- paper
- grid paper – see *printable grid paper after instructions*

### Instructions:

**1. For this game, the numbers on the left side of the grid represent the 10s digit of a number, and the numbers across the top represent the 1s digit of a number. (ex: the bottom right square would be #99)**

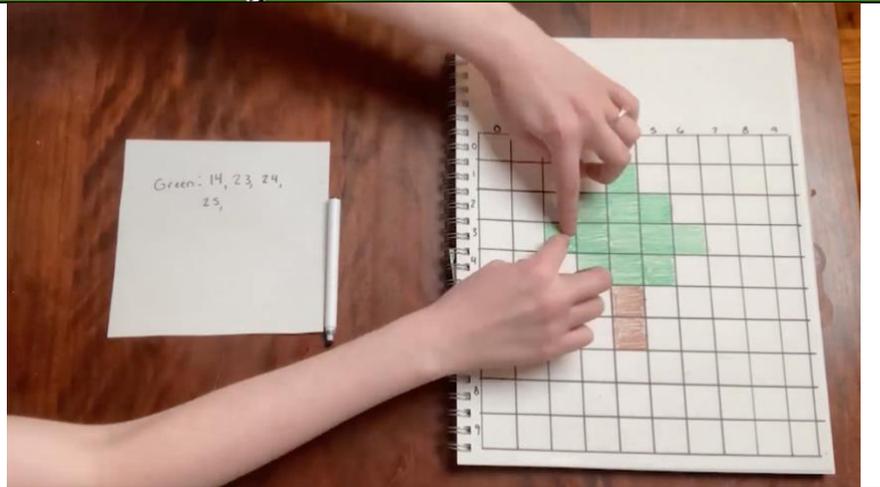


**2. Draw a simple picture by coloring in squares on the grid paper. Be sure to only use one color per square and to fill it in all the way.**

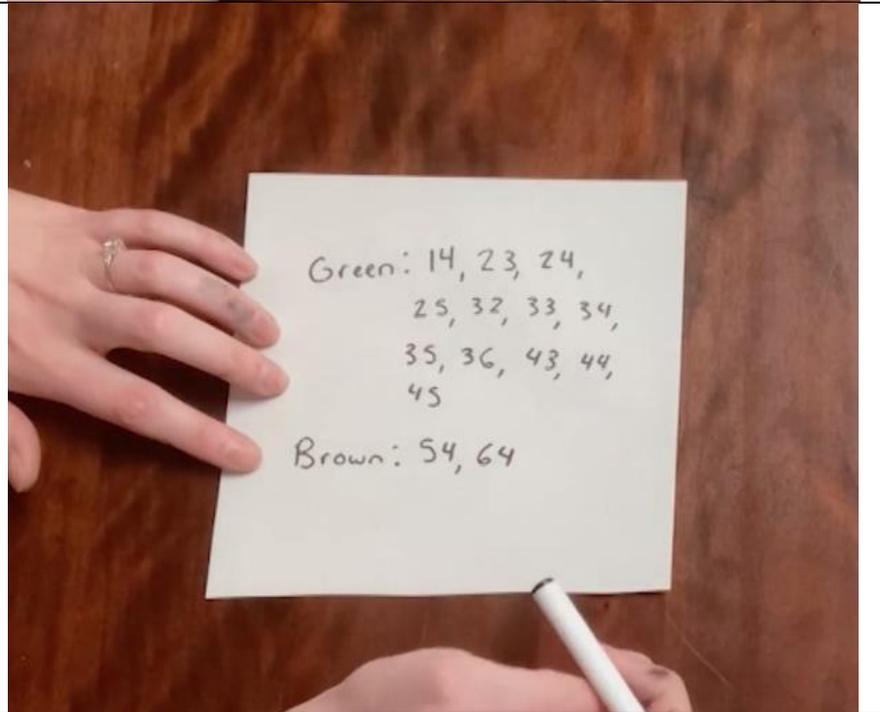




**3. Write instructions so that a friend can recreate your drawing. For each color that you used, list the numbers for each box that should be filled in that color.**



**4. When you are done, give your instructions to a friend and see if they can recreate your drawing on their own grid paper!**







## Homemade Kazoo

### Materials List:

- 2 craft sticks
- 2 small rubber bands
- 1 thick rubber band
- straw
- safety scissors

### Instructions:

**1. Cut 2 pieces, about 1-inch long, off the end the straw.**



**2. Stretch the thicker rubber band around one of the craft sticks. Put one of the straw pieces between the rubber band and the craft stick.**



**3. Place the other straw piece on the other side of the craft stick, above the rubber band. Place another craft stick on top of this straw piece and secure with the smaller rubber bands on each side.**



**4. Put your lips in the center and blow!  
Squeeze the ends to change the sound.**



Activity courtesy of ThinkTV

<https://www.camptv.org>



## Tie Dye T-Shirt

### Materials List:

- white cotton t-shirt - *be sure to get permission from an adult to use*
- scrap cardboard
- colorful permanent markers
- dropper
- rubbing alcohol
- rubber gloves – *optional*
- iron

**\*This activity should be done with the help of a trusted adult\***

**\*This activity should be done in front of an open window or outside\***

### Instructions:

**1. Stretch the t-shirt over a piece of cardboard to keep it flat and prevent the ink from bleeding through to the other side. The cardboard should go inside the t-shirt.**



**2. Using permanent markers, carefully draw dots, lines, and shapes on the t-shirt. Don't be skimpy with the ink, hold the marker down for a few seconds before moving to a new spot.**



**3. When you have a design that you like, use the dropper to squeeze a few drops of rubbing alcohol over your artwork and watch it expand into a rainbow of color!**



**4. Let the shirt dry with the cardboard inside. Once dry, remove the cardboard. Then, with the help of an adult, use heat to set the design - *use an iron for 3-4 minutes, or throw the shirt in the dryer (by itself) for about 20 minutes.***

